

Easy Cook Service

For celebrating wedding, birthdays, anniversaries or any other occasions, we provide meals for 10, 20 or up to 800 people. If you want to order just one item or complete meal we would be more than happy to advice on menu options and portions. Special discounted prices are offered when ordering large portions.

Sanjha

Share the Punjabi Experience

296 - 298 Shirley Road, Southampton SO15 3HL

02380 775 565
www.sanjha.co.uk

Open 7 Days a Week

Everyday Lunch-12:00pm-02:00pm (Collection Only)
Sunday to Thursday-5:30pm-10:30pm
Friday & Saturday-5:30pm-11:30pm

Free Home Delivery

Minimum Order - £15.00

Free Delivery for following postcodes:

S014, S015, S016, S017- Free Delivery

So18, S019, S040, S050, S053 - £3.00 Delivery Charge

Please check for any other areas with your server.

We accept all major credit cards



We do not accept Cheques



Sanjha

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Check into Sanjha

Share the Punjabi Experience Introduction

Punjab, the land of Five Rivers. Perhaps, it would be appropriate to call it the Land of Plenty!! The fertility of its fields and the richness of its dairy have been the envy of the subcontinent.

Punjab is famous its adventurous, outgoing, eat well and drink well locals – The Punjabis. The emphasis has traditionally been on robust food, prepared with the simplest of ingredients and the simplest of basic techniques. Punjab - this side of the border or that – is situated at the crossroads of Silk Route. This allowed the Punjabis – Sikh, Hindu and Muslims – to imbibe diverse culinary

influence. They tasted the best of the rest before anyone else on the subcontinent. The proximity with Persia, Afghanistan and central Asia gave them a taste for fresh and dried fruits and exotic nuts.

Jinney Punjab Nahin Wekheya, Au Janamaya Hi Nahin.
“He who has not seen Punjab has not lived at all”

Since the days of Maharaja Ranjit Singh, Punjab has not only been the seat of imperial power, but a font of cosmopolitan culture. Between the two world wars, Punjab was the Paris of the east. It drew, like the proverbial magnet, scholars and scientist, poets and painters, musicians and dancers, and, above all the greatest chefs from all over. This was where GOOD LIFE was lived. It was during this era that Punjabi Food Standards were set.

Post Partition of India Punjabis got displaced all over India and Pakistan and once they found their feet the ‘resaturation’ of the Punjabis began and what they introduced the rest of the country was the new cooking styles (Tandoor Food), way to eat out the way to explore the new flavours. Today whenever or wherever we speak of Indian food one of the first things which come to our mind is Tandoori Food and Rich Curries.

With the world shrinking and everyone’s appetite for new culinary experience growing, the Punjabi genius for creative cooking is at the forefront of a grand revival of Indian Cuisine.

A word from the Team

Dear Guest, Welcome to Sanjha,

At Sanjha, we always try to bring you traditional Indian flavours using simple fresh ingredients. As you are about to explore, food from Sanjha is quite different from your around the corner curry house, this is because we try to bring you the authentic Indian food as it should be. If you cannot find something on the menu which you really crave for or if you want to change a particular item to be more or less spicy or any other variation, please let your server know about it and we will be delighted to accommodate it as much as we can.

Enjoy the Punjabi Experience....

- Check with your Server For Day Specials.
- Pre Orders Are Welcome.
- Cooking times may vary, as all dishes are cooked to order.

Food allergies and intolerance. Please speak to our staff before ordering

(MANAGEMENT HAS THE RIGHT TO REFUSE SERVICE WITHOUT ANY EXPLANATION)

Sath Sath (Accompaniments) Rice and Breads

Biryani Rice Dum cooked spicy rice with mint and brown onions.	£2.95
Kesar Pulao Dum cooked saffron flavoured rice with whole fragrant spices.	£2.45
Jeera Mattar Pulao Finest basmati rice cooked with green peas and tempered with royal cumin.	£2.45
Sada Chawal Plain steamed basmati rice	£1.95
Keema/Mushroom/Egg/Veg Rice	£3.25
Mixed Naan Basket Assortment of plain, garlic chilli, potato Kulcha and peshawari naan.	£5.95
Sanjha Special Jumbo Naan Large naan stuffed with keema or chicken tikka, red onions, Cheddar cheese and green coriander	£3.95
Plain Naan Classic leavened bread made with refined flour cooked in Tandoor.	£1.45
Butter Naan	£1.75
Garlic Chilli Naan Naan flavoured with fresh green chillies and garlic	£1.95
Peshawari Naan  Bread stuffed with raisins, cashew nuts, pistachio and cherries.	£2.75
Stuffed Kulcha Leavened Naan Bread with stuffing of (Paneer/ cheese/ onion/ potato)	£2.75
Keema Naan / Paratha Stuffed with spiced up lamb mince	£2.95
Tandoori Roti Unleavened bread from whole wheat flour	£1.45
Lachha Paratha / Pudina (mint) Paratha Unleavened whole wheat multilayered bread with or without mint flavour	£2.25
Stuffed Paratha Whole wheat flour bread stuffed with (Paneer/ cheese/ onion/ potato)	£2.45
Bhaturas Deep fried semolina and refined flour bread	£1.25
Puri Deep fried whole wheat flour bread	£1.25
Tawa Roti (Chapatti)	£1.00

Side Orders

Poppadoms and Chutneys Mixture of plain and spicy poppadoms served with homemade chutneys and relishes	£0.95
Lachha Pyaz, Nimbu Te Mirchan Red onion salad with lime and green chilli	£1.95
Spicy Onion salad	£1.95
Chatpate Chips Fries Punjabi style, sprinkled with chaat masala.	£1.95
Chatpate Onion Rings Spicy onion rings sprinkled with chat masala.	£1.95
Cucumber Raita	£1.45
Plain Yogurt	£1.00
Chutneys and pickle Selection Ask the chef about the latest selection of chutneys, pickles and relishes.	each £0.45

(A discretionary 10% service charge will be added to tables of 6 or more.)

Subzian (Vegetarian options)

A large population of Punjabi women are pure vegetarian and so there is wide range of fresh finger licking blends of seasonal vegetables that are consumed in the region.

As Main £6.45 As Side Order £4.45

Punjratanee Subzee 🌿🌿

Seasonal vegetables cooked with mild spices and herbs.

Pindi Chole 🌿🌿

A tangy dish of white chick peas tempered with carom seeds.

(A classic dish from Rawalpindi, now in Pakistan).

Try pindi chole with Bhaturas; a classic combination.

Saag Paneer or Aloo 🌿🌿

Cubes of homemade cottage cheese/potato cooked with spinach and tempered with cumin and garlic.

Mattar Paneer 🌿🌿

Cubes of cottage cheese cooked with green peas in gravy with tomatoes, onions & fresh cream spiced with green cardamom, cumin and kasoori methi.

Bhaji 🌿🌿

Try sanjha special selection of Saag Bhaji, Baigan Bhaji or Bhindi Bhaji

Khumb Hara pyaz aur bhutte 🌿🌿🌿

Medley of mushroom and fresh spring onions with sweetcorn tossed with fresh green chilli and tomatoes.

Aloo Gobhi Adraki 🌿🌿

A healthy dish of stir fried potato and cauliflower cooked with fresh ginger and tomatoes.

Aloo Jeera 🌿🌿

Potatoes tempered with cumin and finished with fresh coriander.

(Try with deep fried puri; a divine combination)

Aloo Methi 🌿🌿

Cubes of potatoes cooked with fenugreek leaves and finished with fresh coriander and tomatoes.

Pilee Daal Tadka 🌿🌿

Yellow lentils-staple diet of Punjabis, tempered with chopped onions, garlic and tomatoes with a hint of asafoetida (heeng)

Dhabe Wali Daal 🌿🌿

Blend of urad daal (black lentils), channa daal and red kidney beans tempered with garlic, onions and chunks of tomatoes. (Mrs Khuranas own recipe)

Dal Makhni 🌿🌿

Urad dal (Black Lentils) cooked in butter, cream, garlic and tomato puree.



Set Menu

Menu 1

Minimum for 2 People

£19.95 per person

Poppadoms & Chutneys

Papri Chaat

Starters

Ajwaini Prawn Shashlik

Lamb Tikka

Murgh Malai Tikka

Paneer Pakora

Aloo Tikki

Main Course

Jhinga Tawe Wala

Chicken lababdar

Saag Paneer

Dhabe Wali Daal

Kesar Pulao

Mixed Naan Basket

Dessert

Gajjar Halwa

or Gulab Jamun with Ice Cream

Menu 3

Minimum for 2 People

£14.95 per person

Poppadom & Chutneys

Starters

Tandoor Chicken

Gosht Seekh Kebab

Onion Bhaji

Aloo Tikki

Main Course

Lahori Kadhahi Chicken

Saag Wala Meat

Punjrattni Subzi

Tadka Daal

Pulao Rice

Butter Naan

Menu 2

Minimum for 2 people

£17.95 per person

Poppadoms & Chutneys

Starters

Fish Pakora

Murgh Malai Tikka

Gosht Seekh Kebab

Vegetable Samosa

Mixed Vegetable Pakoras

Main Course

Butter Chicken

Lahori Kadhahi Lamb

Saag Paneer

Tadka Daal

Pulao Rice

Mixed Naan Basket

Dessert

Gulab Jamun Or Gajjar Halwa

Menu 4

Vegetarian Option

Minimum for 2 persons

£13.95 per person

Poppadoms & Chutneys

Starters

Achaari Paneer Tikka

Vegetable Samosa

Spring Roll

Mixed Vegetable Pakoras

Main Course

Lahori Kadhahi Paneer

Punjrattni Subzi

Dal Makhni

Kesar Pulao

Garlic Chilli Naan

Note-At sanjha you just choose one of the menu options and you get to taste all the delicious food items listed in that menu.

Discount Vouchers not applicable



Shuru Karen (Start With)

Punjabi food is popular for its snacks and tit bits generally eaten with afternoon tea or before full meal.

Punjabi Samosa N	£3.25
Crisp triangular short crust pastry served with channa masala, sweet yogurt and mint chutney; stuffed with potatoes, green peas and Cashewnuts.	
OR	
Cumin flavoured Lamb mince and green peas.	£3.75
Aloo Tikki	£2.95
Pan fried patties of potato served with sweet yogurt, tamarind & mint chutney.	
	With Channa £3.95
Mixed Vegetable Pakoras	£2.45
Crisp deep fried fritters of spinach, potato and onions served with tomato and coriander chutney.	
Pyajji (Onion Bhaji)	£2.45
Traditional Punjabi onion pakoras fried in a gram flour batter flavoured with carom, pomegranate and whole coriander seeds.	
Machhi the Amritsari Pakora (Fish Pakora)	£5.45
Garlic and bishop weed flavoured cod fish fried in gram flour batter.	
Kukarh de Pakora(Chicken Pakora)	£4.25
Bite size chicken pieces flavoured with roasted royal cumin and batter fried.	
Paneer Pakora N	£4.25
Home made cottage cheese stuffed with paste of mint, coriander, green chilli, cashew nuts & deep fried.	
Mirchi Vada	£3.95
Large Bullet chillies stuffed and wrapped in spicy potato mixture and then batter fried, served with sweet yogurt, sour tamarind and spicy mint chutney.	
Prawn Butterfly	£6.45
Deep fried king prawns in spices and bread crumbs.	
Prawn Puri	£6.25
Tangy shrimp prawns tossed in onion and tomato sauce served on a puri.	
Chicken Chaat	£4.25
Chopped up Chicken tikka mixed with tomatoes, onions and coriander in a tangy spice mixture.	
Vegetarian Starter Platter	£7.95
Selection of Achaari Paneer, Punjabi Samosa, Aloo Tikki, Pakoras and onion bhaji.	
Mixed Starter Platter	£9.95
Selection of Fish Pakora, Chicken Tikka, Seekh Kebab, Vegetable Samosa and Pakoras.	

On Indian Safari

Any of the dishes below can be prepared with chicken, lamb, vegetables or tiger prawns. If you cannot find your favorite sauce please ask your server.

Chicken	£7.45	Shrimps	£7.45
Lamb	£8.45	Tiger Prawns	£9.45
Vegetable	£6.45		

Tikka Korma 👉 N

Creamy sauce with ground cashew nuts, almond and coconut. A sweet and mild curry cooked with chicken tikka.

Pathia 👉👉

A sweet and sour curry with mashed aubergine and tomatoes.

Madras 👉👉👉👉

Tempered with mustard seeds, garlic, green chilli and curry leaves and cooked in a fairly hot sauce.

Dhansak 👉👉

Sweet and sour curry cooked with lentils.

Bhuna 👉👉

Stir fried in a medium hot sauce with onions and tomatoes with fresh green coriander.

Balti 👉👉👉

Cooked in a tangy balti sauce with peppers, onions and tomatoes.

Roganjosh 👉👉👉

Earthy sauce with hint of cinnamon and black cardamom.

Vindaloo 👉👉👉👉

Hot hot with potatoes.

Pasanda 👉 N

Creamy sauce with almonds and flavor of mace and cardamom powder.

Tikka Masala 👉👉 N

A British Indian creation needs no introduction.

Do Pyaza 👉👉👉

Medium hot curry cooked with 2 types of onions.

Indo Chinese Menu

YOUR TRADITIONAL CHINESE FOOD COOKED WITH INDIAN HERBS AND SPICES TO GIVE IT THE DESI EDGE

(Chinese speciality items might take longer than rest of the menu, so please give us plenty of time, pre orders are welcome)

Spring Rolls 👉

Spring roll Pastry stuffed with cabbage, green peas, carrots and beans and flavoured with soya sauce and chilli sauce.(4 pcs)

£3.95

Vegetable manchurian 👉👉

Deep fried dumplings of cabbage, onions and carrots served in a finger licking sauce of garlic, soya sauce and black pepper

£5.95

Chilli chicken 👉👉👉

Cubes of chicken cooked with dices of onion, peppers and green chillies

£7.45

Garlic chilli chicken 👉👉👉

Chicken tikka in a garlic flavored tomato gravy finished with chopped green chillies and fresh green coriander.

£7.45

Lamb pepper masala 👉👉👉

Succulent pieces of lamb in creamy black pepper sauce finished with brandy.

£8.45

Sweet chilli paneer 👉👉👉

Cottage cheese cooked in sweet chilli sauce flavored with coriander and black pepper

£6.95

Chicken chowmein 👉👉

Fresh noodles cooked with strips of chicken and cabbage, onion and carrots

£5.95

Vegetable hakka noodles 👉👉

Fresh noodles with mixed vegetables

£5.45

Chulhe Se (Main Course)

Punjab represents rich freshly prepared curries which are very diverse in flavours by using a wide range of spices and herbs.

Cream Chicken Kalimirch Wala 🍴🍴🍴 **£7.45**

Succulent pieces of chicken Malai tikka cooked in yogurt and fresh cream sauce lightly spiced with crushed black pepper.

Lahori Kadhai Chicken 🍴🍴🍴

Boneless pieces of chicken tikka cooked in a rich tomato gravy with peppers and three types of coriander; whole coriander seeds, fresh green coriander and coriander powder.

Chicken or Paneer	£7.45	Lamb	£8.45
Tiger Prawn	£9.45	Seekh Kebab	£8.45

Chicken Lababdar 🍴🍴🍴 **£7.45**

Punjabi answer to chicken tikka masala.

Murgh Methi 🍴🍴🍴 **£7.45**

A semi dry chicken delicacy cooked with Kasoori Methi (fenugreek leaves) and yogurt.

Butter Chicken 🍴🍴 **£7.45**

As the name indicates, it is the classic dish of chicken tikka cooked in tomato paste, double cream, loads of white butter and a hint of honey.

Chicken	£7.45	Tiger Prawns	£9.45
Paneer	£7.45		

Punjabi Chicken Curry 🍴🍴🍴 **£7.45**

Medium hot chicken curry cooked on the bone in homemade freshly ground spices and finished with fresh green coriander.

Raraha Gosht 🍴🍴🍴 **£8.45**

A combination of lamb cubes and mince cooked together to perfection with ginger, green chillies and tomatoes.

Masaledar Nalli Gosht 🍴🍴🍴 **£10.95**

Lamb shank cooked to perfection in brown onion and cashew nut sauce flavoured with cinnamon and cloves.

Saag Wala Meat 🍴🍴🍴 **£8.45**

Boneless chunks of lamb stewed in a thick spinach puree. A finger licking Punjabi speciality.

Lamb Mughlai 🍴🍴🍴🍴 **£8.45**

Lamb curry cooked on the bone with a predominant flavour of black cardamom and cinnamon.

Goat Beliram Tarrwala (Goat Curry) 🍴🍴🍴 **£8.45**

Traditional goat curry on the bone prepared in a "BHUNA" process which involves stir frying goat in oil and spices and finished in stock.

Lamb Mirchan Mar Ke 🍴🍴🍴🍴 **£8.45**

A dish for customers with iron lined stomach. Cubes of lamb cooked with a blend of red chilli powder and fresh green chillies.

Sarson Wali Machhi 🍴🍴🍴 **£8.95**

Fish cooked in mustard flavoured thin tomato gravy.

Prawn Curry 🍴🍴 **£9.45**

Tiger prawns tempered with turmeric and freshly chopped garlic and cooked in onion and tomato gravy finished with fresh green coriander and tomatoes.

Sanjha Special	Chicken Curry £7.45
Boneless	Lamb Curry £8.45

Tandoor Se,

Tandoori cooking is a very popular way of baking, roasting and grilling simultaneously, named after clay oven called "The Tandoor". People in Punjab have been using Tandoor since centuries. Tandoor also known as "Bhatti"- is used for cooking breads and also for whole chicken and large chunks of meat lowered into Tandoor on specially designed skewers. Tandoori food is generally very low fat healthy food; meats are very moist with a distinctive earthy aroma absorbed by the clay lining of the oven.

All Tandoori starters are served with Tandoori salad and mint coriander chutney.

All Tandoori main course portions are served with Small rice, salad and gravy.

Murgh Malai Tikka **Starter £4.45 Main £8.45**

Succulent pieces of chicken flavoured with mace and cardamom folded in cheese, yogurt and fresh cream; cooked in clay oven.

Chicken Tikka **Starter £4.45 Main £8.45**

Bite size pieces of chicken marinated in ginger, garlic, green chili and hung yogurt with a dominant flavour of roasted cumin.

Murgh Qualian (Chicken Wings) **Starter £4.45 Main £8.45**

Chicken wings marinated in ginger, garlic and fresh mint; flavoured with cinnamon and clove powder and folded in hung yogurt; cooked to perfection in Tandoor.

Bhatti Wala Murgh (Tandoori Chicken) **Starter £5.45 Main £9.45**

World famous tandoori chicken needs no introduction. One of Punjab's foremost offering to world cuisine. Served on the bone.

Ajwani Prawn Shashlik **Starter £6.45 Main £10.95**

Jumbo tiger prawns with cubes of onions and peppers marinated in carom seeds, fresh garlic and yogurt, spiced up with Kashmiri Deghi Mirch and mace powder.

Machhi da tikka (Salmon Tikka) **Starter £5.95 Main £10.45**

Cubes of salmon marinated in dill, honey, lemon juice, mustard oil and cheese yogurt mixture roasted in clay oven and sprinkled with pinch of dry mango powder and dried fenugreek.

Gosht Seekh Kebab **Starter £5.45 Main £8.95**

Lamb minced with cheese, mint, and green chillies roasted on skewers with pure butter ghee used for regular basting.

Lamb Tikka **Starter £5.45 Main £8.95**

Succulent cubes of lamb cooked to perfection in tandoori oven in a tangy spicy mixture.

Achari Paneer Shashlik **Starter £4.45 Main £8.45**

Dices of homemade cottage cheese, red onions and peppers marinated in fennel, onion and bishops seeds.

Tandoori Subzi **Starter £3.95 Main £7.95**

Dices of peppers, onions, mushroom, cabbage and potatoes in pickled marination cooked to perfection in tandoori oven.

Tandoori Mix **Starter £8.95 Main £14.95**

An ultimate mixture of Tandoori starters including Tandoori Chicken, Murgh Malai Tikka, Seekh Kebab, Lamb tikka and Ajwaini Prawn.



Cold starters from our chaat counter

Papri Chaat Crisp fried dough wafers served with potatoes, chick peas, chilis, yogurt and tamarind chutney and topped with chaat masala and 'sev'.	£2.95
Dahi Bhalla Soft lentil fritters topped with sweet yogurt, tamarind chutney and mint coriander chutney.	£2.95
Aloo Channa Chaat Sweet and sour medley of chick peas and potatoes with chopped	£2.95
Masala Peanuts Spicy Roasted peanuts with chaat masala, onion, tomatoes and coriander. tomatoes, onions and coriander.	£2.95
Bhel Puri Bhel puri is a savoury Indian snack made of puffed rice, vegetables and a tangy tamarind sauce. Bhelpuri is often identified with the beaches of Mumbai (Bombay), such as Chowpatty. Bhelpuri is called Jhaal Muri in Kolkata (meaning "hot puffed rice"). A native Mysore variant of Bhelpuri is known as Churumuri in Bangalore. A dry variant of Bhelpuri popularly known as Bhadang is consumed after garnishing with onions, coriander and lemon juice.	£2.95
Pani Puri (6 per portion) It is a round, mini hollow puri, fried crisp and filled with a mixture of water, tamarind, chaat masala, potato, onion and chickpeas. It is small enough to fit completely in one's mouth. It is a popular street food dish in India.	£2.95
Dahi Puri (6 per portion) Pani puri filled with sweet yogurt, tamarind chutney and mint coriander chutney.	£2.95



Dum Biryani

The dum method of cooking stews food in a pan sealed with dough or foil to prevent the steam from escaping. The Meats, prawns or vegetables steams slowly in its own juices, absorbing the delicate flavor of the spices and herbs which are added in the beginning. All biryanis served from Sanjha are served with a pot of biryani sauce or Raita.

Saffron Prawn Biryani	£10.95
Dum Ki Lamb Biryani	£9.45
Chicken Biryani	£9.45
Mixed Biryani (Chicken, Lamb and Prawn)	£10.95
Zaffrani Vegetable Biryani	£8.95

Tawa Tak-A-Tak

Tracing the roots of tawa cuisine "An accidental creation of a wayside eatry" this type of cuisine was born around the time of partition of India amongst refugee camps set up across the border. Tawa food is a perpetual range in North West India particularly during the onset of monsoon and popularly known as Tak-a-Tak.

"The cooking style lays emphasis on fresh ingredients subjected to quick fire on Tawa" Food is cooked in a colourful blend of spices, herbs, condiments and sauces.

Chicken Tikka Tak-a-Tak 🍴🍴🍴🍴🍴🍴	£7.45	
Roughly chopped pieces of chicken tikka and peppers cooked with fresh ginger, garlic and smothered with onion and tomato masala, finished with fresh coriander and green chilli.		
Chicken Jhalfrezi Tawe Wali 🍴🍴🍴	£7.45	
Punjabi sweet & sour chicken jhalfrezi cooked with red onion, peppers, jaggary, malt vinegar & lemon juice.		
Lawrence Road de Tawe da Lamb 🍴🍴🍴	£8.45	
Lamb tikka cooked in desi ghee with ginger and onion sauce finished with lemon juice, fenugreek leaves and Dark Rum		
Seekh Kebab Tawa Masala 🍴🍴🍴	£8.45	
Lamb seekh kebab sliced in bite size pieces and cooked on the tawa with fresh herbs.		
Jhinga Tawe Wala 🍴🍴🍴	£8.95	
Tiger prawns marinated in carom seeds and garlic flakes cooked with mixed peppers, tomatoes and fresh coriander.		
Bhindi Masala 🍴🍴	Small £4.75	Main £6.95
Okra cooked with cumin, fresh herbs and tomatoes.		
Paneer Tamatar Ki Bhurji 🍴🍴	Small £4.75	Main £6.95
Lightly mashed cottage cheese cooked with chopped tomato and tempered with royal cumin.		
Malai Kofta 🍴🍴	Small £4.75	Main £6.95
Dumplings of cottage cheese cooked in mild tomato gravy with loads of butter and cream with a hint of honey.		
Shahi Paneer 🍴🍴🍴	Small £4.75	Main £6.95
Cottage Cheese cooked in smooth onion and cashew nuts gravy with fresh fenugreek flavour.		
Tawe Wali Khumb 🍴🍴	Small £4.75	Main £6.95
Mushroom cooked with onion and tomato masala finished with coriander and fresh green chillies.		
Baigan Bhartha 🍴🍴	Small £4.75	Main £6.95
Aubergines roasted in Tandoor, chopped up and cooked with onions, green chilli garlic & fresh coriander.		
Khatta Aloo Tawa Masala 🍴🍴	Small £4.25	Main £6.45
Deep fried cubes of potatoes tossed with lemon juice, coriander and tomatoes.		

Nuts 🍴 Mild 🍴 Medium 🍴🍴 Medium Spicy 🍴🍴🍴 Spicy 🍴🍴🍴🍴 Very Spicy 🍴🍴🍴🍴🍴